

## CEO's Report

The past year for Starick Services has been one of rapid growth and expansion. Our organisation has experienced many exciting changes in both staffing and service delivery. This would not have happened without the following:



- Foresight and commitment by the Board members and their willingness to take a risk when necessary.
- Experienced skilled staff eager to take on the new challenges, and new staff willing to learn.
- Invaluable support from the relevant contract managers at the Department for Child Protection.

We are proud to announce that Starick Services is now a state-wide organisation that delivers vital services to families experiencing violence in the home in regional and remote areas of Western Australia, in addition to our existing services in the metropolitan area.

Under the 'Reconnecting Rural and Remote' program Starick Services manages the Family and Domestic Violence Case Management and Coordination Services for the Murchison/Gascoyne, Goldfields, and West/East Kimberley regions. These important services provide coordinated community responses to reduce the incidence of family and domestic violence. It also promotes awareness and education on a global issue that impacts negatively on the individual, family, community and nation's safety and wellbeing.

Laverton Crisis Intervention Services is an exciting new addition to our organisation and we are looking forward to working more collaboratively in Laverton's surrounding areas, the Wongatha Wonganarra people and communities from the Ngaanyatjarra Lands.

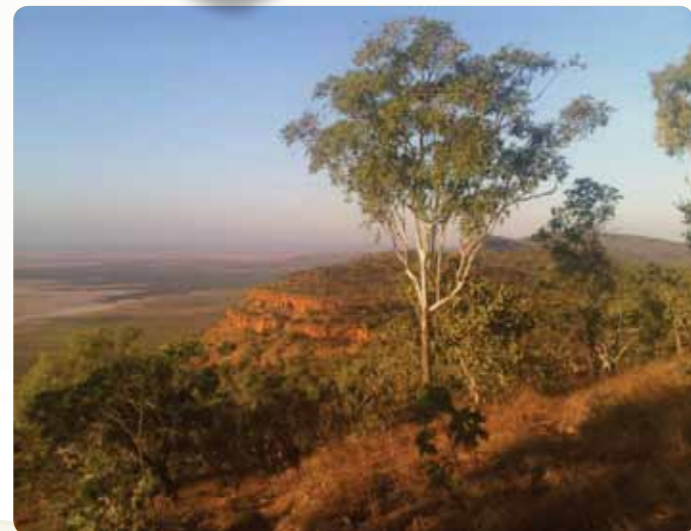
SPEARS (Support Prevention Education Advocacy Referral Services) Advocates have been located at various police stations in the South East Metropolitan Corridor since 1996, however due to funding constraints the service is now limited to Cannington and Canning Vale police stations. With strong support and in partnership with the South East Metropolitan Police District we are working towards developing funding strategies to ensure the continuation and development of SPEARS.

We are honoured to have Professor Donna Chung conduct a feasibility study that will examine the models Starick Services uses in delivery of services in the remote and regional areas, in particular Laverton.

Starick Services will continue to develop and strengthen its capacity building on the experience and knowledge gained over the years, to deliver quality, relevant services to those most disadvantaged in our community.

### Arina Aoina

Chief Executive Officer



Centre for Non Violence • Centre for Safety & Well-Being • Centre for Community  
Working toward keeping women safe & children and young people protected

# StarickServices

Incorporated

## BOARD

### Chair

Shona Zulsdorf

### Treasurer

Sugat Shrestha

### Board Members

Jenny Berry  
Lynette McGivern  
Kerry Regan  
Arina Aoina  
*(Ex officio Board Member and CEO)*

## OUR VISION

Starick is a lead independent agency working to end family and domestic violence and protect children, young people and women.

## OUR PURPOSE

Starick Services provides safety and protection from family and domestic violence for children, young people and women, and empowers its community.

## OUR VALUES

We value people. We believe in respect, commitment, diversity, and innovation.

## Acknowledgements & Thank you

We offer heartfelt thanks and much gratitude to all our cherished supporters.

We honour our Patron, and Board members (past and present), who have volunteered their time and energy to strategically guide and oversee the governance of Starick Services.

Special thanks to the contract managers from the Department for Child Protection in particular Lorena Rose, Liane Alexander and Julie Sutherland for their hard work and support during the securing and implementation of the newly funded services.

Lotterywest has been a significant contributor towards purchasing vehicles and equipment for our remote and regional areas under the RRR projects - Centre for Community.

Our local governments, organisations large and small, schools, community groups such as the South Perth Soroptimists, sponsors, donors, volunteers, individuals, and not least of all our dedicated staff, who believe emphatically in the work we do and have given so generously in a variety of ways so our work can continue.

### Financial Disclaimer

Starick Services Inc. Audited Financial Statements 2010/2011 are available on request. Please contact Administration on (08) 9478 5300 or email [pa@starick.org.au](mailto:pa@starick.org.au) for a copy.



Government of Western Australia  
Department for Child Protection

# Annual Report 2011

## Patron's Report



In the past few months our Chief Executive Officer has spent a considerable amount of time in regional and remote areas, the Goldfields in particular, introducing Starick Services to the broader community. This has been made possible by new contracts and funding being secured for work in a number of regional and remote areas of our enormous state.

The tyranny of distance, the isolation of workers/services and the remoteness of many Indigenous communities have all significantly impacted on the way Starick Services conducts its capacity building and thorough work in these areas.

Affordable housing for workers in the not-for-profit sector continues to be a major issue in attracting and retaining suitable staff, so essential to delivering quality programs.

It is very gratifying to have Starick Services' work recognised with the additional funding. I have no doubt that much needed support for families who are disadvantaged and homeless in these regions will result in an improved quality of life experience and opportunities for all family members, especially women and children. Congratulations to our CEO Arina, and the committed team at Starick Services.

### Hon Kay Hallahan AO

Patron



## Chair's Report



Starick Services celebrated its 25<sup>th</sup> anniversary in 2010. The celebrations gave us an opportunity to reflect on our achievements and how we have grown from a purpose built facility in Gosnells to a state-wide organisation that delivers vital and significant services from the Kimberleys to the Goldfields.

Over the past year, the Executive team has focused

on building a solid foundation to enable consolidation and expansion. The Board has worked with Executive to develop a Strategic Plan that articulates a clear vision for the organisation and conveys its objectives for the next three years. Starick Services is dedicated to supporting families and communities by providing services in intervention, prevention and follow-up. It is one of the few organisations in Western Australia that addresses the holistic needs of women, children and communities.

In 2010/2011, the Board focused on strengthening its governance charter to ensure that the organisation maintains the highest standards of accountability and ethical conduct. There has been a review of Board policies and procedures and a greater focus on financial accountability. This has delivered an improved financial result over the last year and will form a strong base on which Starick Services can grow in the future.

The Board would like to thank the Executive and staff for their dedication and hard work over the last year. There have been challenges but Starick Services has positioned itself to build on the work that has been done and deliver quality outcomes for our clients.

### Shona Zulsdorf

Chairperson

## Centre for Community

The Centre for Community delivers vital outreach services and works with the Centres for Non Violence (Prevention) and Centre for Safety & Well-Being (Intervention) to provide holistic and practical responses to family and domestic violence in the community. Centre for Community does this by managing the following programmes:

- Reconnecting Rural & Remote (RRR)

The Family and Domestic Violence Case Management and Coordination Services manage high risk cases and develop safety plans from a multi-agency perspective (government and non-government) in the West and East Kimberley, Murchison and Goldfields regions. The co-ordinators facilitate fortnightly and monthly group meetings working towards maximising the safety of women, protection of children, and holding perpetrators accountable for their actions. These services have proved invaluable to the regions, encouraging agencies to work collaboratively and in partnership to secure positive outcomes for each family.

- Support Prevention Education Advocacy Referral Service (SPEARS)

The Domestic Violence Advocates work closely with the South East Metropolitan Police (including Mundijong Police Station) ensuring victim safety is paramount at all times. This unique service provides a bridge between victim advocacy support and statutory police work which has been both complementary and responsive over the past 15 years.

SPEARS also provides children's counselling which is essential and in huge demand. This service is available to those who access Starick Services through programmes we offer.

Outreach is crucial to the success of the work we do and, in conjunction with the Advocates based at the police stations and crisis centres, offers valuable and practical support in helping families move on in their lives, and ensures that their transition back into the community is with minimal disruption. This is an important period where clients are at their most vulnerable, and the Outreach Advocate works actively in planning and setting goals with clients to ensure active participation in the community. Delivering specific projects and workshops provide positive opportunities for this to occur and allow women to engage with others. The Clothesline Project is successfully used by the Outreach Advocate to assist clients in expressing their emotions by decorating and hanging a T-shirt on a mobile clothesline for others to view as a testimony to the impact of violence on their lives.

- Housing of Women in Community (HOWIC)

Transitional housing is available for families who have exited the crisis centres and require additional support to safely transition back into the wider community. The Housing Officer ensures families maintain their properties and support them in securing permanent housing. Families are encouraged to attend self-development programmes facilitated by the Outreach Advocate to enhance their life skills in readiness to access mainstream housing.



## Centre for Non Violence

The Centre for Non Violence provides information and resources to the community and co-ordinates public events. The Administration team supports all Starick Services centres, working towards a sustainable and peaceful community.

The Centre for Non Violence is still in its early stages and areas of growth include:

- Professional Supervision – particularly in regional and remote areas
- Specialist training
- Development of specific family and domestic violence resources targeting children, Indigenous and culturally and linguistically diverse (CaLD) communities
- Establishing new partnerships such as Women with Disabilities WA
- Research and publications – research conducted by Professor Donna Chung

This year Starick Services held its annual Children's Art Exhibition once again at City Farm. This event provided the opportunity to showcase some of the services provided by the organisation and most importantly promoted children's art. The exhibition also gave a public voice to children calling for a safer community.

Starick Services' Op Shop in the City of Belmont is run by a dedicated team of volunteers committed to giving the best service possible. The Op Shop stock is made up of surplus donations to Starick House and Mary Smith. Proceeds from sales contribute to purchasing white goods for resident families moving back into the community.

The Centre for Non Violence is committed to providing professional services on a local, state and national level. Starick Services is enthusiastic about what the New Year will bring and is committed to providing preventative strategies that foster safer and stronger individuals, families and communities.

## Centre for Safety and Wellbeing

Safety for women and children is paramount and good intervention is crucial for families escaping violence and abuse. The Centre for Safety and Wellbeing provides supported crisis centres, Starick House, Mary Smith and Laverton Crisis Intervention Service, for women and children escaping family and domestic violence in the Perth Metropolitan area and Goldfields region.

Starick Services has been fortunate to secure the crisis intervention service in Laverton which provides a valuable service to the Indigenous communities within Laverton and surrounding areas.

To assist in enhancing women and children's wellbeing, Starick Services is committed to offering programmes that fortify individual growth and family bonding.

For the past six years Starick Services has run dynamic Children's Camps generously sponsored by Vivienne Stewart and supported by Mandy Loton. These annual camps are vital in strengthening family resilience and honouring the relationships between mother and child. We look forward to the continuation of these very successful camps.

The *Refuge Art Therapy Programme* funded by the Alannah and Madeline Foundation, is facilitated by an experienced art therapist who employs therapeutic intervention for children distressed or traumatised by violence in their family. We were privileged to receive another year's funding and the programme is currently held at Mary Smith. Some of the art work produced is displayed at the annual Children's Art Exhibition.

Since 1996 Starick House has provided *Family and Domestic Violence Support Groups* which offer women opportunities to



discuss, vent and shed tears over what they have experienced and learn new strategies for coping with everyday life, maintaining their safety and ongoing protection of their children. These groups are proven successful forums for starting the healing process.

- An exciting anticipated project about to take place at Starick House is the 'Community Peace Garden'. Regular workshops to be held with the women and children are Soil Building, Worm Farms, Planting Vegetables and Herbs, and include art and sculpture. These workshops will interconnect with the Art Therapy and Healthy Eating Programmes.
- Laverton Crisis Intervention Services was successful in securing funding to deliver six week Children's 'CULCHA' groups developed for young indigenous women with babies and toddlers. These groups will be co-facilitated with Midwest Employment Economic Aboriginal Corporation and work on education in post natal care, dietary needs and alternatives in parenting styles.
- Other programmes include expressive therapies (pet therapy, music and dance), educational programmes (family and domestic violence and economic independence), and pure fun.

### HOW YOU CAN HELP US

Starick Services recognises that building safe and healthy communities requires generosity of spirit and the giving of hearts. Whether financial, goods, services or volunteering, each are interwoven threads that make the rich fabric of communities strong.

Please help us help the families we work with by supporting what we do so well.

Contact us now by phoning 9478 5300, or send to: PO Box 345, Bentley WA 6982