

FRIENDS OF STARICK NEWSLETTER

Edition 7 - Spring 2017

Starick

7-9 Love Street, Cloverdale
Ph (08) 9478 5300

MONSTER GARAGE SALE

Music and sausage sizzle
SAT 28 OCT
9 LOVE ST, CLOVERDALE
9am to 3pm (sausage sizzle 9am-1pm)

There are no middlemen at the Starick op shop. All monies raised from the sale of goods go direct to funding services for the families in our two refuges.

Our 28 October garage sale (see above) promises to be a big one, with heaps of new clothing for adults and kids, as well as a range of low-priced jewellery, shoes, toys and much more.

Come along and see our refurbished op shop, which is now open every Saturday from 9am to 1pm.

A LITTLE BIRDIE TOLD US...

We are very grateful to our good friends at Gosnells Golf Club Associates, who donated \$1,000 this month. Of this amount, \$600 was from the club's Wednesday Ladies group, while \$400 came from retiring member Esme McLure, who chose to donate the redemption of her debenture from the club to us.



BEYOND BANK DONATES \$5K

We were delighted to be one of three community groups to receive a Beyond Bank Community Development Grant, presented at a Cause for Celebration event on 3 October.

The \$5,000 we received will be used to provide much needed services to women and children escaping FDV, and we sincerely thank Beyond Bank and the many Friends of Starick who voted for us.

Pictured at the event: Katie Voss (Beyond Bank) Kathleen Brand (Starick), Wendy Wiley (Chair, Starick) and Georgie Nicholas (Beyond Bank).



TRAUMA SENSITIVE YOGA

A warm welcome to our volunteer yoga teacher Jen, who is running a weekly workshop for the mums at our Gosnells refuge. Jen's classes are designed to suit those who are recovering from trauma.

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SOROPTIMISTS BRING HOME THE BACON...AGAIN

Long term supporters Soroptimist International South Perth hosted their annual fundraising breakfast at Royal Perth Golf Club this September, with guest speaker Dr Jenny Brockis.

SISP have worked with Starick for 19 years, providing many forms of support over that time. Our thanks go to SISP President Pam Richards and her hard-working team, who raised \$3653 for us at the breakfast.

Pictured right is guest speaker Dr Jenny Brockis, award-winning author of *"Future Brain: 12 Ways to Create Your High Performance Brain"*



On 15 October, the Starick team attended the City of Armadale Community Safety Day.

Pictured above are Anna Scott, manager of our two refuges, with the winner of our drawing competition, Lucas.



SUPPORT FOR SISTERS XMAS APPEAL

Many women escaping from FDV arrive at our refuges with only the clothes they stand up in.

With the help of Sarina Elder of Intimo Apparel, we're aiming to provide them with a very special xmas gift: a beautiful, professionally-fitted bra.

Sarina will visit our refuges, measure the women and help them select a bra from the Intimo collections.

You can support this cause [here](#) - and every cent you donate will go towards buying new underwear for the women in our refuges.



STARICK MOTHERS & CHILDREN'S CAMP 2017



Our annual camp for mothers and children escaping FDV was held near Pinjarra in September and included a visit to the Peel Zoo, where the children got to pet animals and enjoy a picnic lunch. We were particularly impressed by our outreach worker Karen (right) who, along with some of the children, got up close and personal with a python.

Our thanks to Vivienne Stewart and Mandy Loton, whose generous donation makes this camp possible each year. As a child, Vivienne loved her holidays in the country, and wanted Starick's children to benefit from the same experience.

We're delighted to report that, along with face painting, petting native wildlife, eating toasted marshmallows and enjoying a raucous singalong, this camp saw Vivienne's vision beautifully realised.

